



To: **Secretaries/Chief Executive Officers of Unions and Regional Associations in Membership of World Rugby**

From: **David Carrigy**
Chief International Relations and Participation Officer

Date: **November 15, 2022**

Re: **2023 World Anti-Doping Code (WADC) International Standard Prohibited List (WADC Prohibited List)**

Please find attached the 2023 WADC Prohibited List detailing the substances and methods prohibited in sport and applicable to Rugby **effective from January 1, 2023.**

The [2023 WADC Prohibited List](#) and the supporting documents are available for download in English, French, and Spanish on the World Anti-Doping Agency (WADA) website.

Please take careful note of the following supporting documents:

- a) 2023 Summary of Major Modifications and Explanatory Notes (outlines the changes from the 2022 Prohibited List to the 2023 Prohibited List)
- b) 2023 Monitoring Programme (outlines the substances placed on WADA's monitoring programme)

Please note that the narcotic Tramadol will be added to the Prohibited List from January 1, 2024. Please ensure that all your players and medical staff are made aware of this modification and the potential consequences of use from this date. World Rugby will also communicate directly on this modification with players and medical staff between now and January 1, 2024.

The document hyperlinks in this letter may be updated by WADA when the Prohibited List comes into effect. In such case, please navigate to the Prohibited List section of the [WADA website](#).

Please forward these documents to all your relevant rugby constituents, medical staff and those involved in anti-doping within your Union.

If you have any queries regarding the WADA 2023 Prohibited List, please contact the World Rugby Senior Manager, Anti-Doping Operations, David Ho at david.ho@worldrugby.org.

Yours sincerely,

A handwritten signature in blue ink, appearing to read "David Carrigy".

David Carrigy
Chief International Relations & Participation Officer